

# Hobart Hash House Harriers (H4)

## COVID 19 Safety Plan and Procedures



### Managing Health and Safety of Members and visitors

*The primary risk for members or visitors of H4 contracting COVID 19 comes from exposure to other members who might attend a hash run who are either asymptomatic, slightly unwell or unaware that they have COVID 19 when attending the run.*

### Actions

Club members have a strong preference for all attendees at H4 runs to be fully vaccinated.

All members or visitors of H4 are required to not attend a run if unwell with any respiratory or other symptoms associated with COVID 19. Any unvaccinated members or visitors are required to maintain social distancing at all club events.

If they believe they may be infectious with COVID 19 or any other communicable (influenza, cold) disease they must be tested for COVID 19 before returning to an event, follow Public Health advice regarding isolation and testing and only return once back to good health and cleared to do so by Public Health.

All members or visitors should ensure they cover coughs and sneezes.

H4 maintains an accurate list of all participants at each Hash run.

Run records are held for at least 2 years.

### Cleaning

At the conclusion of a run the hares shall ensure that all surfaces on tables, trailer mud guards, ice boxes are cleaned with a soap solution (antiseptic spray and wipe). If hot water is available, this should be used for all cleaning.

All BBQ utensils must be cleaned in hot water and all sauce bottles, oil bottles etc also cleaned prior to use at the next run.

### Hygiene

Members preparing food and drinks are expected to maintain high standards of cleanliness when handling food and drinks.

Skols will be served in plastic disposable glasses.

Those cleaning up, must ensure that their hands are clean/sanitised when the cleaning tasks have been completed.

## **Supplies**

Hares must ensure that the hash trailer has sufficient cleaning materials to safely clean up after each run, this will include, paper towel for wiping down surfaces, antiseptic spray and wipe, garbage bags for disposal of rubbish. Rubber gloves should also be available.

Alcohol based hand sanitiser must also be supplied in sufficient quantity to enable all participants to access it as required.

## **Restrictions on Attendance**

Anyone who has been instructed by Public Health to isolate at home must not attend any event organised by H4 during their period of isolation.

## **Physical Distancing**

Members and visitors are expected to maintain social distancing when gathering before and after the run.

Hares are required to ensure venues for the On On have sufficient space to ensure social distancing can be maintained and should have good ventilation.

## **Vulnerable Groups**

H4's membership covers a wide range age range. H4 as a club is aware that some members due to medical conditions and age are more susceptible to the consequences of exposure to COVID 19 and carefully takes this into account in all aspects of our COVID 19 planning and mitigation.

## **H4 COVID 19 Case Response Plan**

Any H4 member or visitor who has tested positive to COVID 19 must notify the Joint Masters of this information as soon as practicable and in particular, in time for any future run to be cancelled if required.

Should Public Health have not contacted the Joint Masters and they are aware of a COVID 19 diagnosis, they must notify all club members or visitors of this information immediately it is received. Close contacts of the case must be contacted and instructed to quarantine away from others and then check with [www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au) for information about what to do until Public Health contacts them directly.

H4 will assist Public Health by providing the names of any club members or visitor who have had contact with a confirmed/suspected case of COVID 19 if required to do so.

The Joint Masters will be the primary contacts for Public Health in responding to a case /outbreak affecting club members or visitors and will work with Public Health as required to in these circumstances. If this is not practicable, another member or members will be nominated as the official contacts.

The Joint Masters will provide under instruction any information required by Public Health in managing any case/outbreak within the club membership where club members may have been exposed to COVID 19.

The Joint Masters will coordinate and if necessary, co-opt other club members as required, in managing the club's response to a case/outbreak affecting club members and its operations.

### **Communication**

The content of this plan will be made available to all members of H4 and visitors through the club newsletter and will be published on club's website.

The Joint Masters will also ensure that the plan complies with all current guidelines and advice provided to it by Public Health.

### **Review Processes**

The Joint Masters are responsible for ensuring that all COVID mitigations are regularly reviewed to ensure effectiveness and appropriateness.

The COVID 19 plan must also be revisited on a regular basis to ensure that any shortcomings are quickly responded to and the plan adjusted accordingly. Reviews will be conducted at least quarterly.

Changes in Government policy or Public Health advice must be taken into account and plans modified as required.

Public Health Contact: [1800 671 738](tel:1800671738)